



**Welcome to Chapter 3 of "God in You" sermon series:
Born of the Spirit.**

The Holy Spirit is not optional, not a second blessing, nor an addendum. The Holy Spirit is essential for all Christians. In John 3:5 Jesus told Nicodemus we are born again by the Holy Spirit. *"Truly, truly, I say to you, unless one is born of water and the Spirit, he cannot enter into the kingdom of God."*

True conversion is the most supernatural thing we will ever experience. When we put our faith in Christ for salvation, it is the Spirit who opens the heart and imparts divine life. The Holy Spirit then indwells within us, giving us the confidence that we are children of God. None of us would be Christians today if it were not for the regenerating power of the Spirit.

When the Holy Spirit enters the life of a repentant person, He literally breathes new life into the dead! Just as the prophet Ezekiel watched dry skeletons stand up, grow new flesh, and breathe again (Ezekiel 37). People who are dead in sin are resurrected to a new life when they believe in Jesus Christ.

Study Guide

GOD IN YOU

Born of the Spirit

READ: John 3:1-8: Titus 3:5

According to Jesus, everyone needs to have two birthdays. In our first birthday, we are born for a period of time, with a body, into a family, and with a recorded date to celebrate. In our second birthday, we are born for eternity, with the Spirit, into the family of God, and a date that is recorded in the Book of Life. This second one requires both water and the Spirit.

1. Who was Nicodemus? Why did he wait until the night to speak to Jesus? Why was it difficult for him to understand Jesus' requirements? Do you think it would have been easier for Nicodemus if Jesus would have told him to be obedient to the Ten Commandments? If so, why? If not, what is your reason. Which would be easier for you?
2. Titus 3:5 clearly states a person cannot be one with God through good deeds. What are the two things required? Read John 3:5. How do these two passages complement each other?
3. The Greek word for Spirit is "*pneuma*". It means wind or breath. Why does Jesus identify the Spirit to be like wind? How would you identify the Spirit to be like? What are some of the examples at Aldersgate Church?
4. Read John 1:12-13 and Romans 8:16-17a. What is the benefit of being born again? How does this reality affect your life/lifestyle?

